# Brothers Townsville Football Club 2024 Parent Information



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#### Brothers Townsville Football Club Parent Information

Thank you for choosing to be involved with Brothers Football Club.

At Brothers FC we aim to develop Footballers in an enjoyable structured environment and to this end we provide the following information for the upcoming season.

If you are returning to this club for this season, welcome back, if you are new to the club welcome.

As a club we are here to support you, your child and their team, so if you require assistance or would like to provide feedback, please do not hesitate to contact any one of the senior coaching staff or committee members listed below.

Again, thank you for choosing Brothers Football Club, we hope you have an enjoyable and rewarding season.

We also recommend visiting our website to keep abreast of current events within Brothers and Townsville Football <u>www.brotherstownsvillefc.com.</u>

#### Code of Conduct - Parent

As a True Sport, I am a positive role model for my child, all participants and spectators. I agree to act with respect towards all those I encounter through sport. This means I will:

- respect others and treat them with dignity, regardless of their gender, ability,
- ethnicity or religion;
- appreciate that the majority of coaches and officials are dedicated volunteers
- who have given up their time to serve my family and community;
- commit to supporting them through encouragement and positive feedback
- celebrate personal growth and fun as much as winning and support all participants, regardless of skill level;
- respect the skills, decision-making and judgement of coaches, officials, other
- volunteers and participants;
- honour the spirit of the sport and prioritise the safety and welfare of all
  participants, including athletes, officials, coaches, spectators and volunteers;
- be a positive example and promote good sportsmanship by:
  - \* having zero tolerance of comments or behaviours which are abusive, offensive, racist, sexist or otherwise demeaning to others
  - \* taking responsibility for my speech, actions and behaviour
  - \* promoting enjoyment of the game and advocating against abuse of alcohol and performance enhancing and illegal drug use.

I accept Brothers TSV FC Inc. rules, policies and procedures governing events and competitions in which my child participates. I comply with the reasonable requests of Brothers TSV FC Inc.

I agree to abide by the Brothers TSV FC Inc. Code of Ethics for Parents provided above.

I acknowledge the Brothers TSV FC Inc. may take disciplinary action if I breach the Code of Ethics.

### **Training Sessions**

This is the most important aspect of your child's development.

The support and encouragement that you provide to coaching staff and all players within the team will ensure your child's personal development as a footballer as well as developing a love for the game that will see them continue playing our sport through to a senior or representative level.

Brother's senior coaching staff will be working with your team's coach focussing primarily on the development of players using the current philosophy of FFA (Football Federation Australia) centred on the development of 4 key aspects of play;

- 1. Striking the ball (passing/shooting)
- 2. Running with the ball (dribbling)
- 3. First touch (controlling the ball with all parts of the body)
- 4. One on one (tackling an opponent/dribbling past an opponent)

Academy & senior coaches are working directly with all coaches around our playing philosophy, we ask that you encourage all players within the team however also request that you leave the coaching to the coach. In this way players are receiving a consistent message throughout the club that will see their technical ability advance throughout the season.

#### Training

- For age groups up to under 11 should train at least once a week. For competitive age groups, twice a week training sessions are mandatory. One of these sessions can be replaced by the Academy of Excellence sessions on Fridays. Note that we do not permit teams to train more than three times a week.
- 2. **Be on time.** The more time your coach spends with your child and the more times your child kicks a ball, the faster they will develop.
- 3. Train the way you play. Players should train in their correct gear, football boots/sandshoes and shin pads are to be encouraged at all times. This is a contact sport and players will receive unintentional bumps and kicks so correct gear is a must. At Brothers we encourage plenty of sunscreen, but <u>do not</u> recommend hats while playing or training as this can cause safety issues for both the player and opponents.
- 4. **Encouragement and plenty of it**. Players will develop at different times and levels throughout the season. Be patient and encourage players to develop in their own time. Some players will develop skills quite quickly; others may develop later in the season. Remember that all players are there to try their best; the emphasis is to be on player development.
- 5. Please note there will be times throughout the season when the Academy and Senior Coaches will join in on your sessions. This is to assist with the development of coaches as well as players. They have a bulk of experience in both playing and coaching so please ask for assistance or advice as required.
- 6. For first time players there may be nerves or possibly an early unwillingness to join in. Please don't be discouraged by this. We see this each and every season, your child will soon learn the fun that Football has to offer and will be participating in no time. In fact, a previous premier

league coach's son did not join in for the first month of Football, he has since played representative Football for Townsville.

7. Unruly players. We hope this does not occur, but from time to time there may be players within your team or even your own child that disrupt training. Brothers Fc understand that sometimes players are not having the best of days. Please remember that while every effort should be made to encourage the player to contribute to the training session and not disrupt others, the coach is there to coach not parent or discipline a player. To this end any player deemed to be disruptive during a training session may be asked by the coach or manager to leave the training session and will be sent to their parent. In this way the players who are active in the training can continue to develop.

In the absence of a parent at training your manager may be able to assist with the player. The player will be asked to re-join the session so long as the correct behaviour is then displayed. If issues arise, please refer to the <u>committee</u>.

8. **Code of Conduct.** In registering to play football, you have agreed to our Code of Conduct which is to be adhered to at all times, a copy has been attached for your reference.

#### Code of Conduct - Junior Player

As a Brothers TSV Football Club Inc. player I represent my team and my sport. This means other people, such as my teammates and/or younger players look up to me to set a good example.

I am committed to this sport by:

- Respecting others and treating them with dignity, regardless of their gender, ability, ethnicity or religion.
  - Celebrating personal growth and the love of the game as much as winning.
  - Supporting all participants, including athletes, coaches, officials, regardless of skill level.
- Honouring the spirit of the sport, playing by the rules and prioritising the safety and welfare of all participants.
- Acting with fairness and integrity in the pursuit of sport excellence, advocating against the use of alcohol and performance enhancing and illegal drugs.
- Accepting responsibility for all my speech, actions and behaviour.
- Treating other participants as I would like to be treated.

I accept Brothers TSV FC Inc. rules, policies and procedures governing events and competitions in which I participate. I comply with the reasonable requests of Brothers TSV FC Inc. and accept that I am a champion for football and Brothers TSV FC Inc. I understand sport is for fun and personal growth and each person should be treated with respect. I agree to abide by the Brothers TSV FC Inc. Code of Conduct for Players provided above. I acknowledge that Brothers TSV FC Inc. may notify the Townsville Football Association and take action if I breach the Code of Conduct.

#### Please Get Involved Where YOU Can

Our club is run by volunteers who have a passion for the sport. Our committee members, managers and coaching staff do not receive remuneration.

We understand that not everyone can coach or manage, however assisting with working bees or perhaps the canteen every now and again will be greatly appreciated.

Remember we are here to assist, if you need help with any aspect of the game just ask.

#### Manager

A manger is an essential part of any team and is necessary to assist with communication and organisation of a team, thereby leaving the coach free to develop players.

We ask that you direct all team enquiries to the manager, if you need to speak with the coach, we request that you wait until the training session or game is complete.

#### Game Day

1. **Be on Time** Please arrive at the game at the time requested by your coach. It is difficult to organise a team when several of the players are missing with only minutes to go until the game commences. Football is a team sport, and you are letting your team and coach down when you are late for the game. If you know you will have difficulties arriving on time speak to your team and see if a solution can be found.

If your child is unable to make the game due to sickness etc, please notify your coach and manager **at the earliest opportunity** if your child is not able to play (or train) for any reason (injury, illness, trips away etc) to give them time to find a substitute player if required.

- 2. **Rules** Be familiar with the rules as these vary between age groups. Brothers will have supplied your team's officials with a copy of the seasons playing rules, if you would like a copy or require clarification on any aspect of the game, please ask or refer to our website.
- 3. **Remember correct playing equipment**. Please check that your child has all required gear as this will avoid tears on game day. Football boots, shin guards, plenty of water and sunscreen are a must. We <u>do not</u> recommend wearing a hat on game day as this causes safety issues.
- 4. **Encouragement** Brothers Football Club at a junior level is about player development. While the ultimate goal in any game is to win, at Brothers our focus is teaching our players how to win in the right fashion; not a win at any cost approach. Through focussing on technique, teaching our players how to play the game and focussing on individual growth in a fun coaching environment, results will take care of themselves. Players are doing their best and still developing in our game. Please encourage all players participating in the game including the opposition. We also ask that you be respectful to all officials.
- 5. **Substitutes.** Throughout the season your child will at certain stages throughout the game be substituted. This is an important development aspect for your child, as it will assist with reducing player fatigue; it also allows the coach the opportunity to discuss aspects of the game prior to your child returning to the field.

- 6. **Half Time.** Half time is for the players and the coach. Parents may encourage their kids at this time, please though ensure that this does not detract from the coach's role in providing instruction and encouragement. If you have a half time snack, be aware that this may become the main focus and the players may not listen to your coach's instructions, in this regard timing is everything, either allow the coach to discuss the game with players and then let them have their snack, or vice versa.
- 7. **Sportsmanship.** At the conclusion of the game ensure you and your team thank the opposition and congratulate them on their performance.
- 8. **McDonald Voucher** encouragement award. Townsville Football in conjunction with McDonalds will provide each team with an encouragement award. The coach and manager will determine how the award is distributed. Throughout the season all players will receive the award, you may need to discuss this with your child as they become upset if they do not receive this award early on in the season.

Coaches and managers have been provided with the below suggestions, it is though ultimately up to them as to how they distribute this award.

- Present in alphabetical order
- Simply keep a register so you remember who has previously received an award
- Wait until you have enough for each child then hand every player an award (you may even want to make this a team outing).
- 9. **Enjoy the game.** Some games you will win; some you will lose. Stay focussed on player development and enjoyment. Remember the kids play because they enjoy the sport, this example needs to be set by all those watching.
- 10. **Playing Kits.** This varies from team to team, in some cases the coach and manager will keep the playing kit, in other teams washing of the playing kit will be distributed via a roster. If you are washing the strip, we ask that you return it on your next scheduled training day to the manager. In this way if you are unable to make the game for any reason, the playing kit will always be available.

Please note that your team may be required to officiate the game in the absence of a referee where Brothers is listed as the home team. We recommend that wherever possible a parent assist with officiating as this leaves the coach free to coach. If the coach is required to officiate, they may require the assistance of a parent in relation to substitutes etc.

#### Injuries

Football is a contact sport and while every care is made to ensure player safety, injuries may occur. If an injury occurs during training, please notify the club immediately. First aid kits and ice are available from the club house.

On game day Townsville Football offers the services of a trained physio (no expense occurred) who can assist with injury management. Should you require their assistance they are available at the game day office?